

## Careers Overview 2020/21

The Skipton Academy is committed to providing all students in Years 7-11 with a programme of events and supporting activities to provide them with information and guidance about career opportunities and employment. This will be guided by the Gatsby Benchmarks thus ensuring best practice.



The Gatsby Benchmarks are designed to ensure students:

- Receive a stable careers programme from years 7 to 11
- Learn from career and labour market information
- Address the needs of every student
- Links curriculum learning to careers
- Has meaningful encounters with employers and employees
- Has experiences of workplaces
- Has meaningful encounters with further and higher education
- Receives personal guidance

The current careers programme is delivered through a combination of methods, including PSHE in Years 7 to 11 and through assemblies, competitions, presentations, employer visits, workshops and 1:1 sessions from Year 8 to 11. Additionally, several special events are organised such as the NCOP mentoring scheme for all year 11 students and targeted university visits from year 9.

## The Journey

### Year 7

- Careers Assemblies
- Careers focused competitions.
- Guest speakers
- Transition work
- Focus on teamwork.
- Careers and future planning
- STEM workshops

### Year 8

- Careers Assemblies
- Careers focused competitions.

- Skills and qualities
- Exploring careers
- Enterprise skills
- Personal economics
- Targeted personal careers advice.

## **Year 9**

- Careers Assemblies
- University visits
- Career research
- Goal setting
- STEM workshops
- Guest speakers – industry professionals
- Transition work KS3 to KS4
- Options choices
- Targeted personal careers advice.
- Employment and financial management

## **Year 10**

- Careers Assemblies
- University visits
- Career focused competitions
- STEM workshops
- Guest speakers – industry professionals
- Workplace experiences
- Interview technique
- Targeted personal careers advice.
- Employment rights
- Health and safety
- Understanding a pays lip

## **Year 11**

- Careers Assemblies
- University visits
- Guest speakers – industry professionals
- Workplace experiences
- Post 16 pathways.
- Targeted personal careers advice.
- Taster days
- Post 16 applications.
- CV writing and interview technique.
- Personal statements

## The 5-year careers journey



## The PHSE Programme

# PSHE LEARNING JOURNEY

◀◀◀ BELONG - CHALLENGE - INSPIRE ▶▶▶

<h2>Exam Revision</h2> <p>Revision Cards Self-Esteem Study Techniques Study Strategy Wellbeing &amp; Sleep Revision Papers</p> 	<h2>Adult Health &amp; Looking After Yourself</h2> <p>Physical Health: Cancer (Detected) Physical Health: Cancer (Cervical &amp; Breast) Organ Donation &amp; Blood Donation Sexual Health: Chlamydia Alcohol (Liver, Heart, Stomach &amp; Kidneys) Love &amp; Abuse</p> 	<h2>Staying Safe</h2> <p>Virtual Reality: Live Streaming Substance Abuse New Psychoactive Substances Networks &amp; Virtual Worlds Drugs &amp; The War on Drugs Counterfeit and Authentic Products Online Reputation &amp; Digital Footprints</p> 	<h2>Sexual Health</h2> <p>Pairs on Pairs Abuse Fertility: What impacts it? Alcohol, Parties &amp; Bad Choices Experience of Sexual Health Reproductive Health Reproductive Health Reproductive Health</p> 	<h2>Your Future &amp; Beyond</h2> <p>Time Management: Technology IGBT: Rights across the world Dealing with Exam Stress &amp; Anxiety Sexual Health: Validation Is Reality Writing a Personal Statement CV Writing: Experiences Pathways &amp; Application</p> 	
					<h1>Year 11</h1>
<h2>Exploring British Values</h2> <p>Critical Thinking &amp; Fake News IGBT &amp; British Values What is a value? Exploring British Values Human Rights and the Importance Balancing Human Rights</p> 	<h2>Rights &amp; Responsibilities</h2> <p>Instagram: Censorship Targeted Advertising Marriage: What is it? (Formal Marriage) Consumer Protection &amp; Rights Rights &amp; Responsibilities Employment Rights, Health &amp; Safety Understanding in Pop Culture Widespread Experience</p> 	<h2>Exploring Relationship &amp; Sex Education</h2> <p>FGM Sexing Online Pornography Domestic Abuse and Domestic Violence Sexualisation of the media Unhealthy Relationships, Sexual Assault &amp; Rape Porn &amp; its impact on society</p> 	<h2>Violence, Crime &amp; Seeking Safety</h2> <p>Honour Based Violence Forced Marriage, Sexual Exploitation &amp; Trafficking Online Grooming Social Media Violence Keeping your data safe Causes of Crime Modern Day Slavery</p> 	<h2>Exploring World Issues</h2> <p>International Organisation Brazil Aids &amp; Supporting other countries Fair Trade Peace, War &amp; Conflict Women's Rights Refugees and Times Up Movement</p> 	<h2>Mental Health &amp; Wellbeing</h2> <p>Child Sexual Abuse Screen Time &amp; Safe use of Mobile Phones Suicide: Thoughts &amp; Feelings Self-Harm: Causes &amp; Support Available Common Types of mental health Promoting emotional wellbeing</p> 
					<h1>Year 10</h1>
<h2>Body Confidence</h2> <p>Body Confidence: What is it? (Pain &amp; Vibe) Bullying in all its forms Dealing with grief and loss Media &amp; Life Imagination How Self-Harm Changes Cancer Prevention &amp; Healthy Lifestyle</p> 	<h2>Contraception &amp; STI's</h2> <p>Sexually Transmitted Infections (STIs) Contraception: Contraception Incentive Contraception: Explained Sexual Harassment &amp; Stalking HIV &amp; AIDS HIV: Discrimination &amp; Prejudice</p> 	<h2>Essential Life Skills</h2> <p>Failure to succeed Social Media and Online Safety (SCOP) First Aid: How to administer CPR Importance of Insurance Money Management Employment &amp; Financial Management Option Selection</p> 	<h2>Legal &amp; Illegal Drugs</h2> <p>Drug Education Drugs: Cannabis Products Drugs: Classifications Drugs: Legal Drugs Drugs: Class A &amp; B Volatile Substances Abuse Different types of substances</p> 	<h2>Sex, The Law &amp; Consent</h2> <p>FGM &amp; The Law Sexual Consent &amp; The Law Pressure &amp; Misinformation Delaying Sexual Activity Why have I not Relationships &amp; Partners What are STIs?</p> 	<h2>Combatting Extremism &amp; Terrorism</h2> <p>Conspiracy &amp; Fake News Extremism in all its forms Terrorism What are British Values The Radicalisation Process What does counter terrorism work? Anti-Semitism</p> 
					<h1>Year 9</h1>
<h2>LGBTQ+ Explained</h2> <p>IGBT: What is it? IGBT: Homophobia to equality IGBT: Support someone IGBT: Challenging homophobia Transphobia IGBT: Coming out</p> 	<h2>Law, Crime &amp; Society</h2> <p>Making a Decision Control, Law &amp; Society Using How are laws made in society? Prison, Reform &amp; Punishment</p> 	<h2>Proud to be Me!</h2> <p>What are enterprise skills? Proud to be Me! Career interests and jobs Becoming self-employed Labour Market Information Exploring Careers Budget &amp; Finance</p> 	<h2>Identity, Relationship &amp; Sex Education</h2> <p>ESE: Sexual Orientation ESE: What is gender identity? ESE: Dealing with conflict ESE: Healthy Respectful Relationship ESE: What is RSE &amp; Sex Ed? Introduction to contraception Periods &amp; Menstrual Cycle</p> 	<h2>Dangerous Society Online &amp; Offline</h2> <p>County Lines: What is it? County Lines: What is it risk? Substance Abuse Grooming: Boys &amp; Girls Drugs: Alcohol &amp; Society Cyber Bullying &amp; Online Safety CSCF</p> 	<h2>Physical Health &amp; Mental Wellbeing</h2> <p>Child Abuse: Physical, Emotional &amp; Neglect Types of Bullying Responding to Bullying What is mental health? Positive Body Image Healthy Eating Stress: What is it?</p> 
					<h1>Year 8</h1>
<h2>Friendship, Respect &amp; Relationships</h2> <p>Consent &amp; Boundaries Growing up in the 21st Century Managing Friendships &amp; Relationships What makes a good friend? Empowerment &amp; Relationships Being positive &amp; Self-Esteem Peer Pressure &amp; Influence</p> 	<h2>Managing Choice</h2> <p>Importance of sleep &amp; relaxation Challenging to know people Decision point in your life Career and your future What is your community? Teamwork</p> 	<h2>Staying Safe Online &amp; Offline</h2> <p>Why not to join a gang? Staying safe online: Social networks Staying safe online: Gaming Drugs: Alcohol Drugs: Nicotine Drugs: E-cigarettes, vaping and Vapes Drugs: Energy Drinks &amp; Caffeine Why not to worry about it?</p> 	<h2>Politics, Parliament &amp; Me</h2> <p>Politics &amp; Parliament: Why? Politics &amp; Parliament: How is the country run? Politics &amp; Parliament: Setting up a Party? Politics &amp; Parliament: Campaigning Politics &amp; Parliament: Big Debates Politics &amp; Parliament: Exploring Parliament What is the Prime Minister?</p> 	<h2>Puberty &amp; Body Development</h2> <p>Introduction to Puberty Puberty: Girls Puberty: Boys Personal Hygiene Growing Up Anatomical, Consent &amp; Homosexuality Self-Esteem &amp; Empowerment</p> 	<h2>Celebrating Differences</h2> <p>What is your identity? Pride in Diversity The Equality Act Breaking Down Stereotypes Multicultural Britain Prejudice &amp; Discrimination Challenging Homophobia</p> 
					<h1>Year 7</h1>



THE SKIPTON ACADEMY



**For more information, contact the CEIAG team:**

[m.cook@theskiptonacademy.co.uk](mailto:m.cook@theskiptonacademy.co.uk) (Deputy Principal)

[s.brown@theskiptonacademy.co.uk](mailto:s.brown@theskiptonacademy.co.uk) (Head of Key Stage 3)

[j.khalil@theskiptonacademy.co.uk](mailto:j.khalil@theskiptonacademy.co.uk) (Head of Key Stage 4)

**Additionally, contact your child's form tutor for any questions you might have**

### **Useful Websites: Researching career ideas**

<https://nationalcareersservice.direct.gov.uk> - an opportunity to look at job profiles

[www.apprenticeships.org.uk](http://www.apprenticeships.org.uk) - up-to-date information and current vacancies

[www.careersbox.co.uk](http://www.careersbox.co.uk) - a national online careers film and video library

[www.nhscareers.nhs.uk](http://www.nhscareers.nhs.uk) - explore all career options available through the NHS

<https://barclayslifeskills.com/young-people/> - advice and tools to help you plan your future career.