

Third Tuesday of every month

 18 May 2021

 10:30am or 7:30pm

(Let us know your Zoom time preference via email)

Parent Support Group

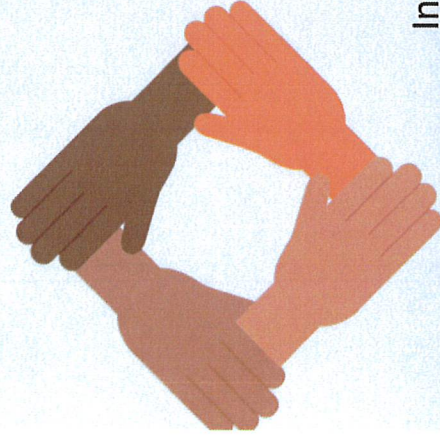


May's Topic

Body Image and Puberty.

This group, facilitated by our Senior Mental Health Practitioners, Educational Mental Health

Practitioners and members of our parenting steering group, is a safe space for parents to get together, share their experiences and build positive relationships. Parents will also have the opportunity to offer peer support.



Running Time: 90 minutes

Introduction, Presentation, Discussions and Goodbyes

Email below for Zoom link or for more information

 mhstparentsupport@bdct.onmicrosoft.com