

Menu

Week 1

Meal Deals

Main meal and
a drink OR pudding **£3.00**

Main meal, drink
and pudding **£3.50**



	Monday	Tuesday	Wednesday	Thursday	Friday
Main £2.30	Carbonara Pasta (gl)(mk)	Chilli Nachos	Pepperoni Pizza (gl) (mk) (soy)	Chicken & Leek Pie and Mash (gl) (mk)	Fishwich & Chips (gl) (mst) (fsh)
Veggie & Vegan £2.30	Spinach & Ricotta Tortellini (gl) (mk) (v)	Veggie Chilli Nachos (v)	Margherita Pizza (gl) (mk) (v)	Cheese Pie & Mash (gl) (mk) (v)	Vegan Nuggets & Chips (gl) (v)
Grab & Go £2.30	Buttermilk Chicken Wraps (gl) (mk) (cel)	Sticky Honey Chicken Noodles (gl) (soy) (sd) (cel)	Chilli Chicken & Cheese Melts (gl) (mk)	Steak Pie & Mash (gl) (mk) (soy)	Chicken Nuggets & Chips (gl) (mk) (soy) (cel)

Also available ...

- Paninis
- Sandwiches
- Salad boxes
- Jacket potatoes
- Tray bakes
- Fruit pots
- Drinks

gl = gluten mk = milk mst = mustard eg = egg soy = soy
sd = sulphates fsh = fish v = vegetarian cel = celery

Menu

Week 2

Meal Deals

Main meal and
a drink OR pudding **£3.00**

Main meal, drink
and pudding **£3.50**



	Monday	Tuesday	Wednesday	Thursday	Friday
Main £2.30	Peri Peri Chicken Wrap (gl)(sd)	Beef Lasagne (gl) (mk)	Chicken Tikka Masala (mk) (mst) (cel)	Sausage & Mash (gl) (eg) (mk) (sd) (soy)	Fish Fingers & Chips (gl) (fsh)
Veggie & Vegan £2.30	Peri Peri Falafel Wrap (gl) (sd) (v)	Halloumi Gyros (gl) (mk) (eg) (v)	Quorn Tikka Masala (eg)(cel)(mk) (v)	Cauliflower Cheese & Mash (eg) (gl) (mk) (sd) (v)	Quorn Goujons & Chips (gl) (v)
Grab & Go £2.30	Salt & Pepper Chicken Bowl (gl) (soy)	Tomato Soup & Toastie (gl) (mk) (eg)	Tandoori Chicken Kebabs (gl)	Meatball Subs (gl)(mk)	Southern Fried Chicken & Chips (gl) (cel)

Also available ...

- Paninis
- Sandwiches
- Jacket potatoes
- Tray bakes
- Fruit pots
- Drinks

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Menu Week 3

Meal Deals

Main meal and a
drink/pudding **£3.00**

Main meal, drink
and pudding **£3.50**



	Monday	Tuesday	Wednesday	Thursday	Friday
Main £2.30	Bacon Mac & Cheese (gl) (mk)	Pepperoni Pizza (gl)(mk)	Hunter Chicken Wraps (gl)	Yorkshire Pudding Wrap (gl) (mk) (eg)	Fish & Chips (gl) (fsh)
Veggie & Vegan £2.30	Mac & Cheese (gl)(mk) (v)	Margherita Pizza (gl) (mk) (v)	Halloumi Wraps (gl) (v)	Quorn Yorkshire Pudding Wrap (gl) (mk) (eg) (v)	Vegan Nuggets & Chips (gl) (v)(ve)
Grab & Go £2.30	CBLT Ciabatta (gl) (eg)	Jamaican Jerk Pork & Rice	"Burnt Ends" Pretzel (gl) (eg) (mk) (sd)	Chicken Cobbler (gl)	Southern Fried Chicken & Chips (gl) (mk)(eg)

Also available ...

- **Paninis**
- **Sandwiches**
- **Jacket potatoes**
- **Tray bakes**
- **Fruit pots**
- **Drinks**

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sd = sulphates fsh = fish v = vegetarian cel = celery